



ALLIANCE
JIU JITSU TEAM

ATLANTA

CLASS SCHEDULE

www.alliancebjj.com

770-458-9825

5290 Roswell Road STE A170 Sandy Springs, GA 30342



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	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY		SATURDAY
7:00 - 8:00AM	Executives Gi	Advanced Gi/ Fundamental Gi/ Intermediate Gi	Executives Gi	Advanced NoGi/ Fundamental Gi/ Intermediate Gi	Open Mat		
8:00 - 9:00AM							Executives Gi
9:00 - 10:00AM							9:30 AM Little Eagles
10:00 - 11:00AM							Kids No Gi
11:00 - 12:00AM					All Levels Drilling Class		Fundamental Gi/ Intermediate Gi/ Advanced NoGi
12:00 - 1:00 PM	Advanced Gi/ Fundamental Gi/ Intermediate Gi	Advanced Gi/ Fundamental Gi/ Intermediate Gi	Advanced NoGi / Fundamental Gi/ Intermediate Gi	Advanced Gi/ Fundamental Gi/ Intermediate Gi	Advanced Gi / Intermediate Gi		Advanced Gi
5:00 - 6:00 PM		Little Eagles		Little Eagles	Kids Gi		
5:30 - 6:30 PM	Fundamental Gi / Kids Gi	Kids Gi	Fundamental Gi / Kids Gi	Kids Gi	6:00 PM	Adv. Gi / Fund. Gi	
6:30 - 7:30 PM	Fundamental Gi/ Intermediate Gi/ Teens Gi	Fundamental Gi / Intermediate Gi	Fundamental Gi/ Intermediate Gi/ Teens Gi	Fundamental Gi / Intermediate Gi/ Teens Gi			
7:30 - 8:30 PM	Advanced Gi / All Levels NoGi	Advanced Gi / All Levels NoGi	Advanced Gi / All Levels NoGi	Advanced Gi / All Levels NoGi			